

CERTIFICATE OF PARTICIPATION

This is to certify that

Herman Swart

Has successfully participated & completed the
8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:20:53

PACE 17:36/km
OVERALL 159 of 166

GENDER 75 of 78
OPEN 38 of 40

23 June 2019, Sun

Date



BoutTime

Signature

